

Co-funded by the Erasmus+ Programme of the European Union



WIN on-line: Women In ActioN



MENTOR SELF-REGULATION DIARY

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Mentor self-reflection Diary

Meeting Date:

Location (if relevant):

Meeting topics:

ΤΟΡΙϹ	MENTOR NOTES, COMMENTS
What went easily?	
What went hard?	
What have I learned about myself during	
this meeting?	

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